



ESSIAC TEA USERS GROUP

LIVE Q&A: HISTORY OF ESSIAC PART ONE

Natasha Evans | Owner, Just Tea LLC

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Welcome to History of Essiac, Part 1

I'm so happy that you've chosen to make an impact on your life (your loved one, your friend or EVEN your pet) by choosing to use Essiac tea. I recognize that you are looking for answers and hope this information provides you with a fun, brief summary of the History of Essiac tea.

My number one priority is to support you by providing quality, all natural products and services to help you proactively reach your health goals.

Please feel free to reach out via the Essiac Tea Users Group on Facebook, or you can email me anytime at justteallc@gmail.com. I look forward to hearing from you!

Natasha Evans

Owner, Just Tea LLC

Medical Disclaimer

This information is not designed to, and does not, provide medical advice. All content, including text, graphics, images and information available on or through this packet are for general informational purposes only. The content is not intended to be a substitute for professional medical advice, diagnosis or treatment. You take full legal responsibility for whatever decisions you make regarding your own health care. This material is offered solely for educational purposes. The suggestion is that you think clearly for yourself and make your own decisions, with the input of a licensed health professional should you choose to consult one.

History of Essiac, Part 1

Early 1890's

An “Indian Medicine Man” gave an 8 herb formula to a Mrs. Johnson (or Johnston) for her breast cancer.

His name, details of his life and the Nation he came from are unknown. It is a common misconception that Essiac came from the Ojibwa tribe.

There is no evidence to support the assumption which may have inadvertently been started by Sheila Snow in her earlier writing, the essence of Essiac. Briefly she begins to explain the sheep sorrel plant and explains that “No Algonquin Ojibwe child can ever forget ‘jisisi’, the sour leaf” (3, pg 12).

In fact, “Algonquin, Cree, Cherokee, Huron, Iroquois and Ojibwa were all reported to be living in Northern Ontario at the end of the 19th century, or he may have crossed the border from the United States as a refugee from the Indian wars.” (4, pg 4)

It's worth noting that roots and bark were much preferred over leaves, stems and flowers as herbs used because they lasted longer in storage, were less bulky to transport and made the decoctions stronger.

History of Essiac, Part 1

1922

Mrs. Johnson (or Johnston) gave the 8 herb formula to a Canadian Nurse, Rene Caisse (Reen Case).

Rene Caisse was working at The Sisters of Providence Hospital in Haileybury, N. Ontario and noticed scarring on Mrs. Johnson's right breast.

"I was much interested and wrote down the names of the herbs she had used. I knew that doctors threw up their hands when cancer was discovered in a patient; it was just about the same as a death sentence. I decided that if I should ever develop cancer, I would use this herb tea.

About a year later, I was visiting an aged retired doctor, whom I knew well. We were walking slowly about his garden when he took his cane and lifted a weed.

'Nurse Caisse,' he told me, 'if people would use this weed there would be little to no cancer in the world.'

He told me the name of the plant. It was one of the herbs my patient had named as an ingredient of the Indian Medicine man's tea!" (4, pg 6)

The herb the doctor pointed out to Rene Caisse with *Rumex acetosella*, or Sheep Sorrel.

History of Essiac, Part 1

1923 or 1924

Rene Caisse's Aunt, Mireza Potvin, was diagnosed with terminal liver cancer.

Up until this point Rene Caisse did nothing more with what would become the Essiac formula she was given in 1922. When her Aunt was diagnosed however she persuaded the doctor in charge of her care, Dr. Robert Fisher, to allow her to administer Essiac under his supervision as at that point there was nothing more that could be done for her.

Two months later her Aunt was eating normally and the tumor in her liver had become soft and reduced in size. "She lived another 21 years with no recurrence of cancer." (4, pg 6).

After this Dr. Fisher asked Rene Caisse to begin treating more of his terminally ill patients. At one point Dr. Fisher directed Nurse Caisse to inject Essiac directly into a patient with throat and mouth cancer, which resulted in anaphylactic shock. "The man became severely chilled and his tongue swelled so badly that the doctor had to use a spatula to keep the airway open and help him breathe until the swelling reduced and he began to recover. He went home and lived comfortably for nearly four more years." (4, pg 6)

History of Essiac, Part 1

October 1926

Dr. Fisher along with seven other doctors signed a petition which lobbied the Minister of Health for Ontario to allow Nurse Caisse to work on a larger scale, declaring that “The treatment for cancer given by Nurse R.M. Caisse can do no harm and that it relieves pain, will reduce the enlargement and will prolong life in the hopeless cases.” (4, pg 6)

1927

The petition was granted, which allowed her to experiment using individual decoctions of each of the eight herbs on mice hosting human carcinoma. She then quits general nursing to pursue independent research.

“I started eliminating one substance, then another; finally when the protein content was eliminated, I found that the ingredient which stopped the malignant growth could be given by intramuscular injection without causing the reaction that had followed my first experiments with injecting mice. However, I found the ingredients removed from the injection formula, which reduced growth of cancer, were necessary to the treatment. These apparently carried off destroyed tissue and infections thrown off by the malignancy. By giving the intramuscular injection in the forearm to destroy the mass of malignant cells, and giving the medicine orally to purify the blood, I got quicker results than when the medicine was all given orally, which was my original treatment until Doctor Fisher suggested further experiments and developing an injection that could be given without reaction.” (4, pg 7)

History of Essiac, Part 1

1928-1930

Isolating sheep sorrel as the only herb that could be injected, Rene Caisse sincerely believed she had found a cure for cancer.

Her professional position and the fact that she was a female made her opposition great. She was allowed to treat patients as long as she didn't charge a fee and had to have written diagnosis and referrals from their doctors.

“I was in no professional position to secure the acceptance of Essiac or the recognition of its discovery if I surrendered my formulae before the merit of the treatment was established beyond all doubt... when the time came I wanted to share in the administration of my own discovery.” (4, pg 8)

After this point she never used the tribal remedy in its entirety again.

“A child of her times, it never occurred to her to acknowledge or honour an indigenous doctor for the remarkable insight that prompted its conception. The Essiac formulae (always referred to as her ‘formula’ in later years) developed as a result of the Medicine Man’s work would always be ‘her discovery’, and she never forgave the Canadian medical establishment for the closure of the Bracebridge Clinic in 1941.” (4, pg 8)

History of Essiac, Part 1

“Determined to have the value of Essiac confirmed before she would reveal its identity, what she would write and say in public was not always consistent with what she was saying and doing at home. In a classic example of double standards, the version of the four-herb formula she eventually sold for one dollar to Resperin Corporation in October 1977 listed Indian Rhubarb as one of the ingredients while she was using Turkey Rhubarb in her own Essiac, which she considered more potent. The Resperin formula may have also contained a larger than usual percentage of Burdock root in proportion to the other ingredients.

Stung by the public reaction to the Homemakers article mostly ‘giving me hell for not disclosing my formula,’ Rene Caisse set about making her own arrangements to ensure the survival of her herbal therapy. Leaving the 1977 paper in Mary McPherson’s capable hands, she trusted a reliable version of the four-herb formula to Mrs. Pat Judson, a cancer survivor from Deering, Michigan USA, who made no secret of her admiration and respect for the old nurse and her work. Another extended version was trusted to Mr. Gilbert Blondin in Quebec to treat his desperately sick young wife in return for repair work on (Rene’s) house. Noella Blondin was later reported to have made a full recovery from ‘histiocytoma, malignant reticulosis... a combination cancer-leukemia involving cells, organs, skin and bone-marrow’

History of Essiac, Part 1

“Ambitious to the end, Rene Caisse’s way of thinking was simple. It wasn’t a question of wealth. As long as she had a roof over her head and enough to pay the utility bills, money truly did not matter to her. What did matter was she must be recognised professionally for discovering Essiac or she would take the secret of the formulae with her to the grave. She died with both objectives unfulfilled. There was no official recognition of her work, and Essiac survived in its original form thanks to the collective efforts of the two women who had worked with her in the last years of her life.” (4, pg 8-9).

IN THE MATTER OF THE LATE RENE CAISSE

AND IN THE MATTER OF THE HERBAL REMEDY KNOWN AS "ESSIAC"

I, Mary McPherson of the Town of Bracebridge in the District Municipality of Muskoka, MAKE OATH AND SAY AS FOLLOWS:

1. I am presently 80 years of age. I have lived in Bracebridge area for most of my adult life.
2. I was well acquainted with the late Rene Caisse over the years from 1935 to 1978 during which time I assisted her.
3. I was fully aware that she made the decoction known as "Essiac" when she carried on her clinic at the Town of Bracebridge in the District Municipality of Muskoka, at 6 Dominion Street, Bracebridge, Ontario and at other locations in and about the Town of Bracebridge.
4. During the later years of the late Rene Caisse, I was responsible for the preparation of the herbal tea known as "Essiac", always under the supervision of the late Rene Caisse.
5. I confirm that the attached formula, set out in my own handwriting, and attached hereto as exhibit "A" to this my affidavit, accurately sets out the formula and the method of preparation which must be adhered to exactly as written for the herbal remedy known as "Essiac".
6. This affidavit is made in good faith and not for any improper purpose.

SWORN before me at the Town)

of Bracebridge in the District)

Municipality of Muskoka)

this 23rd day of December, 1994)

N. B. Roche
A Commissioner etc.

Mary McPherson
MARY MCPHERSON

THIS IS CERTIFIED TO BE A TRUE COPY OF THE AFFIDAVIT.
Janice M. Howden
JANICE M. HOWDEN, Deputy Clerk, for the Town of Bracebridge, Commissioner for Affidavits, etc.

Essiac

*6 1/2 cups of burdock root (cut)
1 pound of sheep sorrel herb powdered
1/4 pound of slippery elm bark powdered
1 ounce of turkish rhubarb root powdered*

*Mix these ingredients thoroughly and store in glass jar in dark dry cupboard
Take a measuring cup use 1 ounce of herb mixture to 32 ounces of water depending on the amount you want to make.*

*I use 1 cup of mixture to 8 x 32 = 256 ounces of water
Boil hard for 10 minutes (covered) then turn off heat but leave sitting on warm plate over night (covered)*

In the morning heat steaming hot and let settle a few minutes. then strain through fine strainer into hot sterilized bottles and set to cool. store in dark cool cupboard. must be refrigerated when opened. when near the last when its thick pour in a large jar and sit in frig overnight then pour off all you without sediment.

*This recipe must be followed exactly as written
I use a granite preserving kettle (10-12 qt)
8 ounce measuring cup, small funnel and fine strainer to fill bottles*

THIS IS EXHIBIT "A" TO THE AFFIDAVIT OF MARY MCPHERSON SWORN THE 23rd DAY OF DECEMBER, 1994

N. B. Roche

Testimonials

Hello friends. After only a month on the Just Tea pre-made I am pleased to report that as of today, my tumor has receded by a full inch in diameter and portions of the very hard margins have become softer. For a tumor that's as large and dense as mine- grapefruit sized- this is very encouraging progress. Since the only change in my usual protocols has been the addition this past month of the Essiac Tea, I can only attribute this shrinkage to the good Lord above and the tea. I've had tremendous pain and inflammation/swelling the past several days but gradually I am now able to raise my arm over my head, which I've been unable to do for the last several weeks. Naturally I'm hesitant to get overly excited but it surely feels like the sun has come out today after a grim year of fighting this using only natural remedies. God bless the healing hands who prepare my Just Tea and the dedicated admins of our site who got me on the right path. 🙏❤️😊

Hi everyone, first and foremost I would like to thank you all for your overwhelming support and prayers in my last post. I cannot begin to describe how blessed I feel to be part of a group that has such big beautiful hearts. I am truly blessed 🙏. I did say that I would update my results which I received today. I am happy to say that the primary tumour has shrunk by 2mm and out of the 13 lymph nodes only 3 have the cancer in them and stable with no further mets to other lymph nodes in the area. I went through my first scans when diagnosed and the tumour measured 24x24x14mm and today it is 14x15x12mm. It's taken 1.5 years to get that result. As mentioned before it's been a up and down journey and with the last spread, I changed my protocol to include essiac tea. I give credit to the tea in stabilising the lymph nodes and also the collective support and prayers i have received 😊. I was quite scared about going on the tea as I was worried about the stories I read about the tumours coming out through the skin and I didn't know how I would deal with that scenario but my experience with castor oil on my tumours gave me the idea of using that treatment to contain the tumour within the skin and I couldn't say for sure if that is the reason it did but I'm going with that theory 😊, I intuitively feel it was the right move. As you know going the natural route is an extremely difficult one as there is no medical guidance and you become your own doctor in a sense. This in itself is a terrifying thought and one that makes this journey so difficult.

I've still got a big road in front of me to navigate but it is the first time I can say I don't have to work out a new protocol and I can feel some peace with the one I'm on now for the next 3 months before my next lot of tests.

Sending you all big love from my heart and including everyone everyday in my prayers. God bring healing, guidance, peace and much love into all of your lives. ❤️ Jane

P.s. The tea I use is from just tea.

5 weeks ago I was diagnosed with stage 4 cancer. The cancer started in my Patoroid gland and spread through some nymph nodes in my neck area. They also said I had a spot on my vertebrate and in my chest area.

The tumor in the photo had gotten so big that it pushed against my ear drum and I couldnt hear out the left ear, extreme headaches and toothaches.

My Sis in law ordered the essiac just tea premade for me. I took a total of 4oz in two days. That next morning all pain was gone and I had a little ooze from my ear drum area.

A few hours later, I went to my 1st round of Chemo. The photo with my glasses on was from two weeks ago, the other photo you see below is from yesterday.

The tumor in my lymph nodes in my neck are completely gone and the tumor near my ear has been reduced 80%.

Because, I saw the first results of the tea before I took the chemo, I am giving full credit to Essiac. My 2nd round of 8 Chemos is tomorrow.

I think you will agree that the Essiac Tea even helped with my wrinkles and overall general health. I feel great and I am very optimistic that I will beat this cancer.

I know most people here dont have the benefit of seeing what the essiac actually does to a tumor, that is why Im making myself vulnerable to you all.

There is hope..If it does this to my tumors on my face and neck I am praying for the same for my 2 others areas. May God be with you all...Mark



References

1. Essiac Tea Users Group customer testimonials
2. Just Tea, LLC customer files
3. The Essence of Essiac, Sheila Snow
4. The Essiac Essentials Handbook, Mali Klein

Thank you for using this free resource from Just Tea, LLC.

We support you by providing quality, all natural products and services to help you proactively reach your health goals

For more information on the products we provide to

help with both, visit www.just-t.com.

Questions? Message us on Facebook: Just Tea - Essiac tea or email us at justteallc@gmail.com.